

# KINEO COHORT SCHEDULE 2024



Week of May 5th - Courageous-Compassionate Environment

Week of May 12th - **Where Are You? (Check-in)**

Week of May 19th - The Story & The Soreness

Week of May 26th - The Weight & The Wound

Week of June 2nd - Internalizing Expectations

Week of June 9th - How We Carry Pain

Week of June 16th - Funnel of Fatigue

Week of June 23rd - **Where Are You? (Check-In)**

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## BREAK

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Week of July 14th - Gardening Our Soul

Week of July 21st - Awakening to Our Ego

Week of July 28th - The Voices Within

Week of Aug 4th - Soul Under Pressure

# KINEO COHORT SCHEDULE 2024



Week of Aug 11th - Facing Status Anxiety

Week of Aug 18th - Co-dependency in Ministry Part 1

Week of Aug 25th - Co-dependency in Ministry Part 2

Week of Sept 1st - **Where Are You? (Check-In)**

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## BREAK

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Week of Sept 15th - The Liminal Space

Week of Sept 22nd - Lament is the Language of the Soul

Week of Sept 29th - From Control to Surrender

Week of Oct 6th - Waiting for Justice



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## THE COMMUNING

PUERTO RICO RETREAT

Week of Oct 13th-17th