

ISSUE 03 -  
A BIG YEAR



RENEWAL FOR WEARY AND WOUNDED LEADERS

# KINEO TIMES

PHOTO: PLAYA AZUL  
LUQUILLO, PR





# A CONSTANT FLOW

TWO YEARS OLD IN 2024




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PHOTO: RIVER AT KINEO

We are officially three years old this year. We are establishing our roots and rhythms.

We are rooted in our commitment to the healing and holy work of helping Ministry Leaders, from around the world, recover from weariness and woundedness. This calling has burrowed deep into all that we do. From how we care for the rainforest grounds, to how we care for every beat-up leader when they walk through our program. Everything is saturated with compassion and discernment.

Our rhythm is that we daily see three to four leaders, each individually, and unpack in detail the complexity of their ministry story. We start with their acute pain-points and we incrementally step them towards the real possibilities of transformation in their soul, their vocation, and in their family.

~ Dan & Tonya White



## What People Are Saying

“This was exactly what we needed, a place where nature is surrounding us with God’s beauty. My wife and I received so much compassion in our sessions but also stunning illumination into things we had not seen in ourselves. We left with serious clarity and so many concrete tools to guide us into the future.”

~ Mike Seaman (Church Planter, Toronto)



# RENOVATIONS AND UPGRADES

The Kineo Center purchased the old grounds of Hacienda Moyano in 2021. After Hurricane Maria, much of it was ruined and needed repair. The first 9 months, we rallied help to renovate it to bring it up to useable standards. Ever since, we've been slowly upgrading areas to make hosting Development Retreats easier.

## The Rainforest Room

This year we added a Rainforest Room down by the river. This was quite a challenge as trucks could not travel down into this remote part of our property. We found a way! Now we feature an elegant tranquil bug-free room by the flowing river. A wonderful space for prayer, reading, and even taking a nap.

## Community Kitchen

The vast majority of our retreats are one-on-one. But 6 times a year we host larger group-growth retreats. It's been a small challenge hosting 20 people, especially in the area of food service. With the generous donations of Kineo Supporters we were able to outfit our Community Kitchen to support larger groups.

## The Pool

One day we noticed the pool losing water. We had a massive crack! Out of necessity we had to completely renovate the pool - empty it, repair the old cracks, re-tile and replaster it. We even added some LCD lights while we were down there. Now it's like brand new!



PHOTO: RAINFOREST ROOM



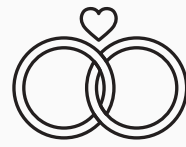
PHOTO: NEW POOL @ NIGHT



PHOTO: KITCHEN UNDER CONSTRUCTION



# HEALING MARRIAGES



Our main mission is to provide healing for wounded and weary leaders. We've been a bit surprised at how many leaders arrive at Kineo with deep marital stress behind the scenes. Dan and Tonya (25+ yrs married) have extensive experience and qualified training in helping couples navigate power dynamics, emotional wounds, historical ruts, and unnamed shadows. In response, we launched our first MUTUAL MARRIAGE Retreat in April of 2022. 7 couples came together for deep care, surgical healing, and renewed foundations. Because 2022's retreat was so fruitful, we scheduled another for 2023 that filled up. Now, we will be hosting our third Mutual Marriage Retreat in April 2024.





# THE DEVELOPMENT WORK

The Kineo Center completed its second full year of hosting weekly 'Pain and Possibilities' retreats - a 4 Session Journey that a Ministry Leader walks through. Each session is 90 min long and walks through 4 steps - Disruption, Descent, Awakening, and Renewal.

Our unique approach to addressing pain and burnout, soaked in the presence of Christ, facilitated many breakthroughs this year. We hosted a little over 90 individuals and couples for personalized custom experiences - Ministry Leaders, Missionaries, Social Workers, and even a few First-Responders were in the mix.

“My Spouse and I have been in ministry for over 30 yrs. We’ve attended numerous workshops and retreats over the years but never experienced anything like Kineo. The brilliance in how healing and development were weaved together was life-changing for us. We are telling everyone about our special time in the rainforest.”

— Sue Browning (Therapist/Minister)



94 Men & Women Journeyed through our Pain & Possibilities Retreats in 2023



PHOTOS:  
CLOSING RENEWAL  
MAP WORK





## MINI-DOCUMENTARY



A year ago, a guest had suggested we capture the wild and wonderful creation of The Kineo Center - "this story needs to be told." We've always had a difficult time explaining the profound things that happen at Kineo. Words sometimes fail us. The idea of a story being told, intrigued us.

Just as we were beginning to explore the possibility of a short film being produced, God brought along some people of peace. JD & Stephanie O'Brien and their film company offered to capture our story for free. They have a history of crafting beautiful short movies.

So, in the beginning of January of 2024 they flew, with all their gear, to shoot the life and times at Kineo. Kineo was turned into a movie set. Beautiful scenes were captured, sample sessions were gathered, and testimonies were collected. Look for the Kineo Documentary to release later this year.





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