

2023-24

**PERSONAL
RETREAT
ESSENTIALS**



thekineocenter.com

WELCOME

MISSION
HEALING
AMIDST A
HARD CALLING

Dear Leader,

Thank you for choosing the KINEO Center for your retreat and getaway! We hope you leave with a full heart and some inner renewal after your stay with us. We offer a Self-guided Retreat or a Development Retreat with Sessions.

Please take the time to read through all of the information provided. It will help you plan well for your experience.

In order to make your retreat official, we'll need the following forms included in this packet:

- Retreat Reservation Form (filled out on Google)
- Intake Form (Pain & Possibilities OR Mutual Marriage)
- Deposit (Refundable until 45 days before Retreat)

Attn: The KINEO Center
Po Box 686
Puerto Real, PR 00740

We look forward to collaborating with you and sharing our tropical haven with you. The team here look forward to being with you as you find rest and rediscover truth, beauty, and goodness.

Peace,

Co-founders
Dan & Tonya White

**SLOW DOWN
SIT STILL
SEEK RENEWAL**



OUR LODGING

We are in an exciting renovation project that will be completed Jan 2023. We currently have a clean, spacious, and updated lodge that host up to 11 guests. We also have an additional guest house that hosts 2. These spaces overlook the expanse of our beautiful rainforest landscape.

Partitioned Rooms (2 to 4 per) is 1300 sqft. A hotel style room, equipped with one private bathroom, air conditioning, cozy sitting area, outdoor porch, and a kitchenette. These rooms are on the first level and each have two full size beds and seating area.

Large Rooms (2 to 4 per) is 1300 sqft. A hotel style room, equipped with one private bathroom, air conditioning, cozy sitting area, outdoor porch, and a kitchenette. These rooms are on the second floor and each have two queen size beds and a futon.

ADDITIONAL OPTIONS



DAILY BREAKFAST

Fresh fruits (mango, bananas, pineapple, parcha and more) grown on our grounds when in season. Scrambled Eggs, Toast, Grilled Ham, and Yogurt all sourced from the east coast of our island. Don't forget the delicious freshly ground Puerto Rican Roast coffee from nearby coffee farms.

PAIN & POSSIBILITIES SESSIONS

Dan White Jr. (author of Love Over Fear) & Tonya Variya (certified Enneagram Coach Madanes Institute) have been local Church Pastors for 25 years. They offer a 4 session teaching/consultation called "Pain and Possibilities". This 4 session package will help you face the emotional, vocational, and spiritual injuries you may be carrying and discern a pathway forward. You will receive personal retreat guide book to help maximize your time @ KINEO. If you'd like to take these sessions with your Spouse, there is a small additional cost. *(Sessions cannot be scheduled onsite, must be scheduled two weeks prior to arrival)*

MUTUAL MARRIAGE SESSIONS

Dan White Jr. & Tonya Variya in their forthcoming book 'The Mutual Marriage' outline their unique work on shared-power, shared-healing, and shared-life. They offer daily sessions for married couples young and old to help guide them through hurts, hurdles and hope for a more collaborative marriage together. Once you arrive a 90+ min session each day will be organized. We look forward to discerning a marriage more rooted in Jesus and renewed in self-awareness. *(Sessions cannot be scheduled onsite, they must be scheduled two weeks prior)*

AMENITIES

INGROUND POOL



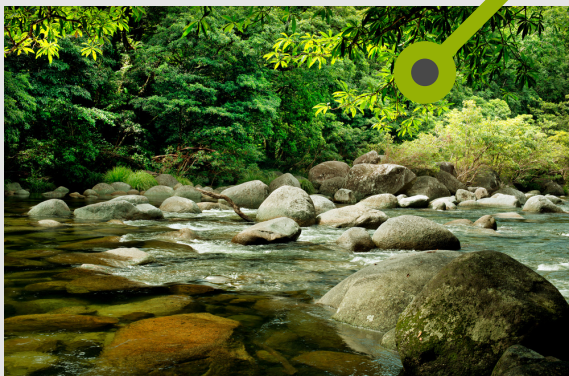
A crystal clear inground pool, outdoor gazebos, and a pool house make outdoor life comfortable. Deck chairs and comfortable seating surround the pool.

COMMUNAL KITCHEN

We have an outdoor kitchen with a full-size refrigerator, grill, stove, and sink for use for group cooking. It is fully stocked with kitchen cookware. Feel free to make dinner, lunch, or whatever goodies you'd like.



RAINFOREST ROOM



We don't like calling El Yunque Rainforest an amenity. But it is a treasure on our property. It is the only subtropical rainforest in the U.S. It's a wonderful place to walk, hike, sit, contemplate, and even swim.

NAGUABO



The Kineo Center is on the east coast of Puerto Rico. We are a 50 min drive from the airport in San Juan. We are located on the side of Pico del Este Mountain with a view of the Caribbean Sea.

Our property offers the beauty of the rainforest in all its glory with native flora and fauna along Rio Santiago to explore during the day and the sound of the coqui to sing you to sleep at night.

TRIPS & TRANSPORTATION

You will need a rental car. It is the most economical form of transportation to move about in PR. Uber or Lyft operate near Kineo but are not dependable for getting to the airport. Kineo does not offer transportation.

Some of the most beautiful beaches in the world are 10 to 15 mins away. Snorkeling, surfing, & boat trips are available. Tour a Coffee Farm. Visit Old San Juan or the Natural Waterslides at El Yunque. Take a night Kayaking trip at a Bioluminescent Bay. If you'd like assistance in planning day trips, we'd love to help.



COST STRUCTURE

MINISTRY LEADERS RATE

\$99

Room Rate per Night* (with Sessions)

\$129

Room Rate per Night* (without Sessions)

+ Daily Breakfast

Breakfasts = \$15 ea

Breakfasts for kids 12 and under = \$8 ea

+ Daily Sessions - Pain & Possibilities or Mutual Marriage

Session Package (4 Sessions required) = \$1200

Add a Spouse = \$300

*ADDITIONAL DISCOUNTS AVAILABLE FOR SABBATICAL LENGTH STAYS

ANY QUESTIONS? ASK TONYA: KINEOCENTER@GMAIL.COM